

Manual Lifting: A Guide To The Study Of Simple And Complex Lifting Tasks (Ergonomics Design And Management: Theory And Applications) By Daniela Colombini; Enrico Occhipinti; Enrique Alvarez-Casado

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Both of us are artists who, since getting married nearly four years ago, have allowed that part of our lives to take a back seat to the more pressing responsibilities of working our regular jobs and running a B&B.

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too! (and what a cute town .what I saw of it at least!) Happy New

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Proper lifting techniques-a how-to guide

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