

## Low Fat: Step By Step (Everyday Cookbook) By Gina Steer

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The inside is hollow and forms a viewing tube so if you look through the optical lens on the end you can see the top of the flash bulb which looks quite mysterious.

Isn't it funny how people have lives outside of CS.

Take care, Lorri xo Reply remnants said, April 2, 2009 at 4:59 pm Hi Lorri! Glad it arrived safely!!! And yes we are much better now.

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